



Milan School of Medicine

Under the High Patronage of the European Parliament

## MEDICAL SCIENCE AND HEALTH PARADIGM CHANGE

CA'GRANDA-NIGUARDA HOSPITAL

Milan, Regione Lombardia, Italy 13-14-15 October 2017

*“Well then, could we ever know what art makes the man himself better,  
if we were ignorant of what we are ourselves “*

*(Socrates)*

An educational event addressed to formalize the Paradigm Change of Medical Science and Medicine  
and to present

**“ LA CHARTE MONDIALE DE LA SANTE’-THE WORLD HEALTH CHARTER”**

*An international convention for the universal right to life and health in any stage of life and disease*



Person Centered Medicine International Academy

Under the sponsorship of the Ambrosiana University  
International Program in Person Centered Medicine  
International Post Graduate Program in Medical Education

IN ORDER TO RECEIVE THE PROCEEDINGS OF THE CONGRESS-WITH SLIGHTS- IN E- BOOK

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**Friday 13 October 2017**

**Morning**

9,30-10.00



**Under the High Patronage of the European Parliament**

**OPENING SESSION**

**CEREMONY OF PRESENTATION**

**“LA CHARTE MONDIALE DE LA SANTE-  
THE WORLD HEALTH CHART”**

**Introduction**

**“From science to the person: the health paradigm change”**

Giuseppe R.Brera

**SESSION 2**

**Under the sponsorship of the Welfare Authority of Lombardia Region**

11.30-12.00

**People’s and Person Centered Health in the public health of Lombardia Region**

**The welfare Authority of Lombardia Region**

Giulio Gallera

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## Présentation de la Charte Mondiale de la Santé-the World Hea

Main Hall

14,30-15,30

### CHANGE OF THE MEDICAL SCIENCE PARADIGM

Session 3.1

Giuseppe R.Brera

Chair and Introduction

#### EPIGENETICS

**The role of the epigenetic code in tumor cell reprogramming: first clinical results in cancer, neurodegenerative diseases, psoriasis and in preventing senescence**

Mario Biava

**Epigenetics and nutrition quality: change of the paradigm in prevention and therapy**

Patrizia Pasanisi

15,30-15,50

Question and answer

15,50-16,10

Coffee Break

Session 3.2

16.10-16.40

#### PSYCONEUROIMMUNOLOGY

**From Hegel to Psycho-neuro-endocrine-immunology (PNEI)**

Paolo Lissoni

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16,40-17,00

**Question and Answers**

**Session 3.3**

Under the patronage of the Anti Malaria Project of the Milan School of Medicine

17,00-17,20

**WHO AND HEALTH**

**Medical Stalemates vs. Advances: Communicating the Status Quo from the WHO**

Richard Fiordo

17.20-17,40

**Question and Answers**

**Session 3.4**

**THE PARADIGM CHANGE IN RESEARCH AGAINST MALARIA**

17,40 -18,00

**The paradigm change in research against malaria**

Ettore Ruberti

18.00-18,20

**Questions and answers**

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**Saturday 14 October 2017**

Under the patronage of the Milan School of Medicine and the PCMIA Person Centered Medicine International Program  
and the University Ambrosiana Post Graduate Program in Medical Education

**SESSION 4**

**Morning**

**9-13**

English-Italian

**LEARNING PROCEDURES  
IN PERSON CENTERED MEDICINE AND  
PERSON CENTERED CLINICAL METHOD TEACHING**

**Educational workshop on the Milan School of Medicine and learning and teaching  
procedures**

**Free registration**

**Session 5**

**AFTERNOON**

14.30-15.30

**CLINICAL APPLICATIONS OF PERSON CENTERED MEDICINE**

**Chair and introduction**

Giuseppe R.Brera

**Person-centered medicine clinical method with teenagers  
and children**

Aldo Zanon

**Person centered medicine in Obstetrics-Gynecology**

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Mariangela Porta

**Person Centered Medicine and oncology**

Vito Galante

15,30-16.00

**Question and answers**

**Session 6**

16,00-17.00

Under the patronage of the Italian Society of Adolescentology and Adolescence Medicine (SIAd) and  
WFSA

**ROY TRAVIS SESSION**

**ADOLESCENCE AND PERSON CENTERED HEALTH**

**Chair and introduction**

Aldo Zanon

**The flow chart of health and the Flow chart of Health Education**

Imer Paolo Calligaro

**Health Education Project : the emotions and Person Centered Medicine sexuality**

Aldo Zanon

**Gynecological-obstetrical counselling with adolescents**

Mariangela Porta

17.00-17,30

**Question and answers**

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Session 7

17,30-18,30

**THE PERSON CENTERED MEDICINE CHANGE OF MEDICAL EDUCATION  
PARADIGM**

Chair: Vito Galante

**Reliability and validity of Person Centered Medicine Clinical Method: a survey of 144 clinical reports**

Giuseppe R.Brera

18.00-18,20

**Growth of Medical Competence: Direct Observation of Students during  
Third Year Clinical Clerkship**

Claudio Violato

**18,30-18,50 Discussion**

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**Sunday 15 October 2017**

8,30

Holy Mass for believers

**SESSION 8**

10.00-11.30

**MEANING , ETHICS AND MEDICINE**

Session dedicated to the Opening of the University Ambrosiana Academic Year: 2016-2017

10.00

**Le choix noétique. L'approche noétique en psychothérapie et médecine**

Beata Ruszicka  
Mount Joy College, Canada

**Question and Answers**

10,20-10,40

**Person Centered Medicine and Obstetrics-Gynecology**

Mariangela Porta

10,40-11,00

**Question and Answers**

11.00-12.00

**Sesssion 9**

**Presentation of the “Agreement declaration to change Medical Science and Medicine paradigm”**

**Presentation of the 1<sup>st</sup> edition of the international prize in Person Centered Medicine**

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Giuseppe R.Brera

**SCIENTIFIC COMMITTEE**

Giuseppe R.Brera MD MA Director and Magister Licentiae Docendi [Milan School of Medicine](#) and “Person centered Medicine International Academy-Ambrosiana University-Milan (UA)-International program in Person centered Medicine

Mario Biava MD MA - Honorary chair in Oncological Epigenetics- UA Milan School of Medicine

Patrizia Pasanisi MD PhD Investigator “Istituto Nazionale Tumori Milano”

Paolo Lissoni MD MA UA Honorary chair in Psychoneuroimmunology-

Richard Fiordo PhD Professor Emeritus University of North Dakota (Ret)UA Honorary Chair in Health Communication .

Ettore Ruberti Chair in Molecular Biology, UA Milan School of Medicine-ENEA

Aldo Zanon MD MA (Auxology-Endocrinology) LD in Adolescentology UA Milan School of Medicine- Counsellor-Physician “ Società di Adolescentologia Regione Veneto”

Vito Galante MD MA PhD , UA Chair in Person Centered Oncology, Counsellor in Adolescentology

Mariangela Porta MD MA LD UA Chair in Person Centered Cynecology.

Imer Paolo Callegaro MD MA (Adolescentology) -Counsellor

Claudio Violato MA PhD University of Minneapolis – UA Honorary Chair in Medical Education Science. Post Graduate International Program in Medical Education (PhD)

Beata Ruszicka PhD in Bioethics and Psychotherapy. Mount Joy College Canada

Stefano Zecchi Professor Emeritus State University, Milan, UA Honorary Chair

Chair of the Congress: Giuseppe R.Brera

Scientific Secretariat: Giuseppe R.Brera and Claudio Violato

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## Organization

**Organizational Secretariat :** Carolina Rubino- Rosaria Fissi

segrorg@healthparadigmchange.it

**Diplomatic relationships :** Carolina Rubino [diplomatie@healthparadigmchange.it](mailto:diplomatie@healthparadigmchange.it)

**Press:** University Ambrosiana press office [press@healthparadigmchange.it](mailto:press@healthparadigmchange.it)

**Niguarda-Ca Granda staff:** Wilma Cagnin (Education ) – Tarcisio Galli , Emiliano Tanzi(technical organization)

### Institutions involved:

[European Parliament –High Patronage](#)

[Regione Lombardia](#), - patronage

[Ospedale Ca-Granda Niguarda](#), Organization

[Ambrosiana University](#), promoter - Milan School of Medicine – and the International Academy of Person Centered Medicine [segrgen@unambro.it](mailto:segrgen@unambro.it)

[Italian Society of Adolescentology and adolescence medicine](#), organization  
[segreteria@adolescentologia.it](mailto:segreteria@adolescentologia.it)

Adolescentology Society Veneto Region - participation

Programs involved:

[Ambrosiana University International Program in Person Centered Medicine](#)

[International Graduate Program in medical Education participation](#)

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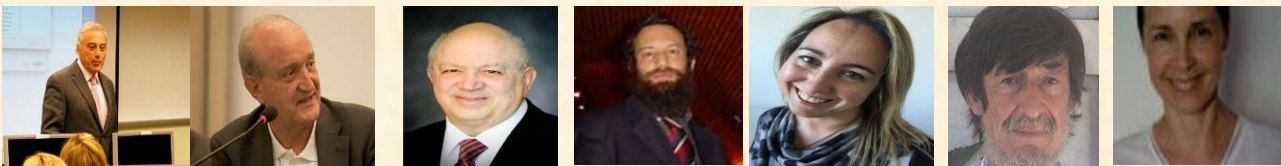
## PHOTO ALBUM



**A representation of the Milan School of Medicine MD-MA and professors who formalized the person-centered change of the Medical Science, Medicine and Health paradigm and the birth of the “La Charte Mondiale de la Santé-the World Health Charter”**

from left Imer Paolo Calligaro, Vito Galante, Gabriella Zanon, Giuseppe R.Brera ( dean ), Domenico Francomano, Mariangela Porta, \* Aldo Zanon

with Claudio Violato, Piermario Biava, Richard Fiordo, Ettore Ruberti, Patrizia Pasanisi, Paolo Lissoni, Beata Rusiecka



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\*In the next picture

## 1<sup>st</sup> Edition of the International Prize in Person Centered Medicine

winner: Mariangela Porta MD MA- LD

### Motivation

Mariangela Porta is the 1st Licentia Docendi (Professor) of the world in Person Centered Medicine by the Milan School of Medicine, professor also at the Mai-Ndombe-Bokoro-Congo University where is engaged in a missionary activity and at the University of Turin, (Italy). Dr. Porta has been the first MD gynecologist, to have applied in her profession, in a pioneers' way, from 2003, the epistemological, ethical, and clinical principles of Person Centered Medicine, in the clinical and prevention work with adolescents in different clinical contexts and with sexually abused women and to have lead in other educational contexts Person centered Medicine, with clinical and educational important results at the human and scientific level The Prize has been conferred by prof. Giuseppe R.Brera on behalf of the University Ambrosiana Person Centered Medicine International Academy and the Milan School of Medicine



Giuseppe R.Brera , confers the PCM prize to Mariangela Porta

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